Maine Weekly Influenza Surveillance Report

October 15, 2008

Synopsis

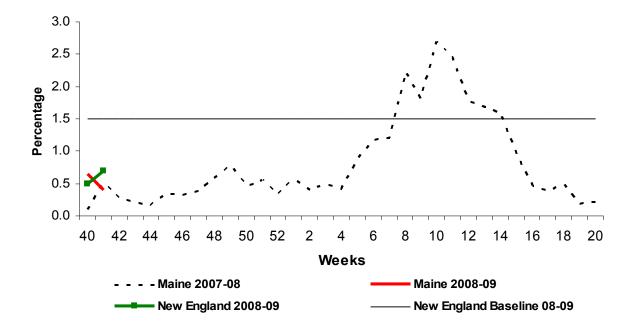
During the weeks ending October 4th and October 11th, 2008 (MMWR weeks 40 and 41)*, Maine reported no influenza activity.

Moderate Disease Surveillance

Outpatient influenza-like illness (ILI)

During the week ending October 4th, 2008 (week 40), 0.6% of outpatient visits reported by six Maine Sentinel Providers were for influenza-like illness (ILI). During the week ending October 11th, 2008 (week 41), 0.4% of outpatient visits reported by five Maine Sentinel Providers were for ILI. ILI is defined as fever ($\geq 100^{\circ}$ F / $\geq 37.8^{\circ}$ C) and cough or sore throat in the absence of a known cause. In the New England States, 0.5% of outpatient visits were attributed to influenza-like illness during week 40, and 0.7% of outpatient visits were attributed to ILI in week 41.

Outpatient Visits for Influenza-like Illness -- Maine, 2007-09



New England is defined as Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

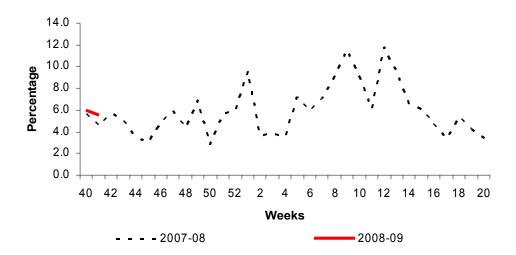
^{*} At time of publication, reporting may be incomplete. Numbers presented here may change as more reports are received.

Severe Disease Surveillance

Hospital inpatients

During the week ending October 4th, 2008 (week 40), 6.0% of hospital admissions reported by three hospitals were attributable to pneumonia or influenza. During the week ending October 11th, 2008 (week 41), 5.5% of hospital admissions reported by three hospitals were attributable to pneumonia or influenza.

Hospital Admissions Due to Pneumonia or Influenza -- Maine, 2007-09



Laboratory Reporting

Results from the Maine Health and Environmental Testing Laboratory (HETL) were not yet available for weeks 40-41. Data will be presented once available.

Results were available from two private reference laboratories in Maine for weeks 40 and 41. A combined total of 25 specimens have been submitted to date. None tested positive for influenza. Of these 25 specimens, one tested positive for parainfluenza-3.

Outbreaks

During the weeks ending October 4th, 2008 and October 11th, 2008, no outbreaks of influenza-like illness were reported in Maine.

Fatalities Surveillance

Death Certificates

During the week ending October 4th, 2008 (week 40), 6.9% of deaths reported by one city vital records office were attributable to pneumonia and influenza. During the week ending October 11th, 2008 (week 41), 5.3% of deaths reported by one city vital records office were attributable to pneumonia and influenza.

Pediatric Fatalities

No influenza-associated pediatric deaths in Maine have been reported this season.

National Influenza Activity

State health departments report the estimated level of influenza activity in their states each week. States report influenza activity as: 1) no activity, 2) sporadic, 3) local, 4) regional, or 5) widespread (definitions of these levels can be found at: www.cdc.gov/flu/weekly/usmap.htm). Maine reported no activity for the week ending October 4 (week 40) and no activity for the week ending October 11 (week 41).

